

If you or your organization would like to **donate food** to our food pantry, **please use this list**:

- 14-16 oz. cans of any fruit, corn, peas, black beans, or pinto beans
- 6-8 oz. cans of tuna or Vienna Sausages
- 1lb. packages of pasta or rice
- 7 oz. boxed Mac and Cheese
- 10-12 oz. boxes of **healthy** cereal (e.g. Cheerios, Oatmeal, etc.)
- boxed milk, quart size, any type (Self-Stable, unrefrigerated)

Unfortunately, we cannot distribute "jumbo-sized" items, desserts, or other high-sugar-content items.

To arrange a drop-off time of donated goods, call our Church Office (open Tues - Thurs) (718) 367-0655

www.SaintJamesFordham.org/FoodPantry

St. James Church, Fordham

The Episcopal Church + The Anglican Communion 2500 Jerome Ave. Bronx, NY 10468